## THE KITCHEN

BREAKFAST AVAILABLE ALL	DAY	LUNCH & DINNER AVAILABLE ALL DA	AY
complimentary coffee, tea, and granola available daily 6AM - 11AM  AVOCADO TOAST avocado, hard boiled egg, and pickled		VEGAN BLUE CORN TAMALE $\nu$ diced summer squash, tomato, hatch green chile, and organic blue corn masa with sour cream on the side	<b>9</b>
onion on sourdough bread sprinkled with tajin seasoning  BREAKFAST SANDWICH VEG upon request	h 12	MARGHERITA PIZZA  tomato sauce and mozzarella cheese on a personal size italian flour crust	12
english muffin, egg patty, turkey or veggie sausage, cheddar cheese, and gochujang aioli	12	CAULIFLOWER CRUST PIZZA GF tomato sauce, mozzarella cheese, and uncured pepperoni	15
TOASTED PLAIN BAGEL plain cream cheese, strawberry cream cheese, or butter	6	DOUBLE HAMBURGER OR VEGGIE BURGER GF upon request brioche bun, cheddar cheese, crispy onions, and special sauce	16
WARM GRAIN BOWL vcf oatmeal, quinoa, super seed mix, assordried fruit, walnuts, and maple syrup	<b>10</b> ted	CRISPY CHICKEN SANDWICH of upon request brioche bun, cheddar cheese (upon request), and mayo, mustard, ketchup,	9
GLOW WELLNESS SMOOTHIE v pineapple, banana, mango, spinach, hem seeds, milled flax seeds, goji berry, lucuma, and turmeric	<b>12</b>	bbq sauce or ranch on the side  POSADA CHICKEN CHIMICHANGA  salsa and sour cream on the side	9
DETOX WELLNESS SMOOTHIE v pineapple, celery, banana, kale, spinae	12	BAVARIAN PRETZEL STICKS beer cheese on the side	6.5
hemp seeds, milled flax seeds, wheatgrass, lemon, and cayenne	,	JALAPEÑO CREAM CHEESE POPPERS sweet chili sauce on the side	6
ENERGY WELLNESS SMOOTHIE $\nu$ pineapple, banana, blueberry, coconut,	12	CHICKEN FINGERS ketchup, bbq sauce, or ranch on the side	9
chia seeds, cacao powder, milled flax seeds, maca, and cinnamon		HONEY BATTERED MINI CORN DOGS  ketchup, bbq sauce, or ranch on the side	8
IMMUNITY WELLNESS SMOOTHIE v pineapple, strawberry, banana, blueberry		KIDS MAC AND CHEESE	6
milled flax seeds, chia seeds, goji berry, and lucuma  DANISH	5	CRISPY TATER TOTS vupon request topped with gochujang and chili lime aioli, or for kids: ketchup, bbq sauce,	6
strawberry, apple, or cream cheese	J	or ranch on the side	
LARGE CINNAMON ROLL	7	CHIPS AND SALSA	2.5
BLUEBERRY CRUMBLE MUFFIN	5	STEAK OR SALMON GRILL KIT FOR TWO	60
LIEGE WAFFLE	6	Chef-composed meal that is ready to cook	
YOGURT PARFAIT CUP of vanilla greek yogurt, strawberries, and granola with pecans (AVAILABLE IN OUR GENERAL STORE)	<b>6</b>	and heat on your own campfire. Each kit includes: two 12 oz ribeye steaks or two atlantic salmon fillets, baked beans, ma and cheese, asparagus, cornbread, and an AutoCamp s'mores kit.  (AVAILABLE IN OUR GENERAL STORE)  *November 1st - April 1st please reserve	ac n

the day before.

**VEG** Vegetarian **GF** Gluten Free **V** Vegan